



## “Quartelas” Route

Manteigas - Trilhos Verdes

[www.manteigastrilhosverdes.com](http://www.manteigastrilhosverdes.com)

**PR  
16  
MTG**



Extension: **5,3 km**

Duration: **3 hours** (approx.)

Altitude: between **777** and **1026** meters

Type: **Circular**

Advised direction: **Clockwise direction**

BTT: **Yes**

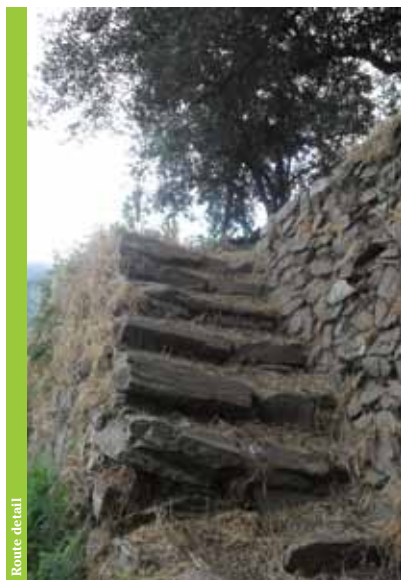


**QR Code**

For reading, point  
your mobile phone  
camera and acti-  
vate the capture of  
the code.

Difficulty: **Medium**





Route detail



Route detail

## “Quartelas” Route

This route stretches, partly, in an area called **“Quartelas”**, which corresponds to a multiplicity of agriculture plots that allows the walker to dive in as environment that carries you throughout the history and traditions of agriculture and grazing that characterize **Manteigas**.

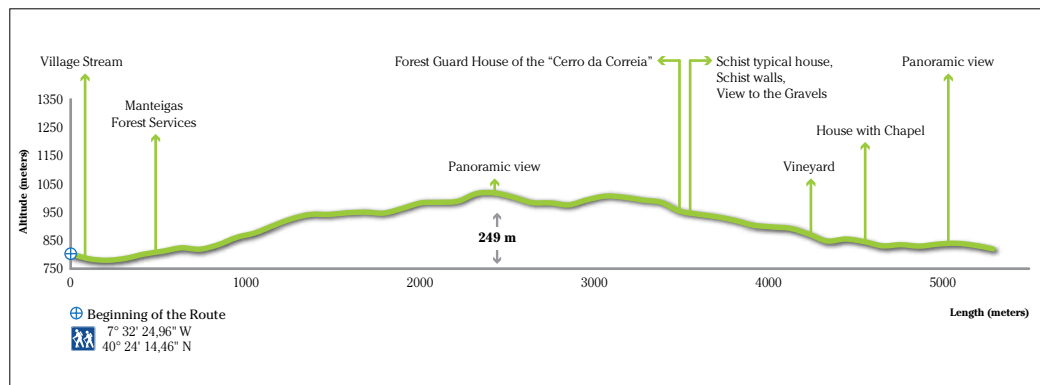
The landscape offered by the vast amphitheatre where the trail is developed is amazing and is full of marks of the mountain population and the rural area, constructions in schist or granite, walls, terraces, paths, marshes, flocks accompanied by shepherds and its mountain dogs.

In the built heritage deserves a special reference the **Forest Guard House of the “Cerro da Correia”** and the **Hostel of the Manteigas Forest Services**.

The Forest Guard houses were implemented in a way to support the Forest Perimeters and their management units, of infrastructures of support to the forest activity there developed, allowing the fixation in site of the Forest Guards and their family that would have the responsibility to surveillance and monitoring of the areas assigned to them.

This form of management, constitution and management of Forest Perimeters began in 1888 with the aim of foresting

## Relevant points





Route detail

the vacant municipal forest, which were confronted with serious erosion problems, due to the excessive use of the existing vegetation in the mountain.

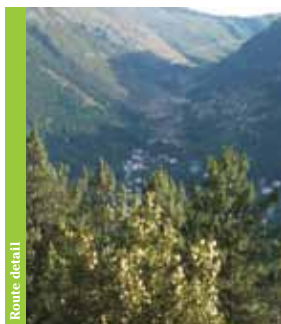
The olive groves, vineyards, the cornfields, ryegrass meadows and the planting of pine trees have marked representation, being the natural vegetation more sparse.

In the intermediate floor, the main types of vegetation that can be observed are the *oaks* and *bushes* of various kinds.

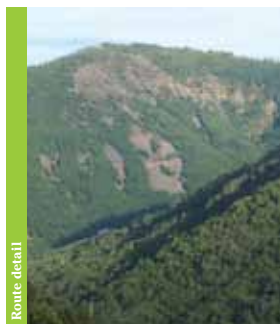
Regarding the fauna stands out the presence of the *crow* and the *wild rabbit*, with the status of conservation threatened.



Route detail



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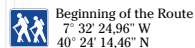
Route detail



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**Legend**



**Flora**

- 01 - Douglas-fir (*Pseudotsuga menziesii*)
- 02 - Common Beech (*Fagus sylvatica*)
- 03 - Eastern Black walnut (*Juglans nigra*)
- 04 - Olive (*Olea europaea*)
- 05 - Cardoon (*Cynara cardunculus*)
- 06 - Maritime Pine (*Pinus pinaster*)
- 07 - Vineyards (*Vitis vinifera*)
- 08 - European Chestnut (*Castanea sativa*)
- 09 - Grey Willow (*Salix atrocinerea*)
- 10 - White Willow (*Salix salicifolia*)

- Centaurea rothmalerana*
- Festuca elegans* Boiss
- Marsipella profunda*

**Observation places**

- 01 - Belvedere
- 02 - View to the gravels
- 03 - Manteigas Village
- 04 - Manteigas Village

**Resting places**

- 01 - Picnic Park
- 02 - Water line bank

**Fauna**

- Ladder snake (*Elaphe scalaris*)
- Ringed snake (*Natrix natrix*)
- Wild rabbit (*Oryctolagus cuniculus*)
- Tawny owl (*Strix aluco*)
- Crow (*Corvus corax*)
- Common Cuckoo (*Cuculus canorus*)
- Jay (*Garrulus glandarius*)
- Wild boar (*Sus scrofa*)
- Large psammodromus (*Psammodromus alpinus*)
- Iberian lizard (*Podarcis hispanica*)
- Slow worm (*Anguilla fragilis*)
- Hoopoe (*Upupa epops*)
- Fox (*Vulpes vulpes*)
- Iberian frog (*Rana iberica*)
- Fire Salamander (*Salamandra salamandra*)
- Common Toad (*Bufo Bufo*)
- Ocellated lizard (*Lacerta lepida*)
- Ferret (*Mustela putorius*)
- Mole (*Talpa occidentalis*)

**Human Landscape**

- 01 - Running water line and Manteigas village with panoramic view over the Zêzere Glacial Valley
- 02 - Manteigas Forest Services
- 03 - Terraces
- 04 - Panoramic view of the Zêzere Glacial Valley and Manteigas Village
- 05 - Schist house with terraces surrounding it
- 06 - Panoramic view of the Zêzere Glacial Valley and Manteigas Village
- 07 - Forest Guard house of the “Cerro da Correia”
- 08 - Old pavement
- 09 - Terraces view
- 10 - Typical houses and schist walls and access stairs to the superior terraces
- 11 - View to the gravels
- 12 - Panoramic view of the Zêzere Glacial Valley and Manteigas Village
- 13 - Vineyards
- 14 - House with Chapel
- 15 - Picnic Park
- 16 - Panoramic view to the Terraces
- 17 - Torrential water line

**Natural landscape**

- 01 - Panoramic view to the Zêzere Glacial Valley
- 02 - Maritime Pine area
- 03 - European Chestnut area
- 04 - Panoramic view of the Zêzere Glacial Valley and Manteigas Village
- 05 - View to the gravels
- 06 - View to Zêzere Glacial Valley
- 07 - Water line
- 08 - Zêzere Glacial Valley

